

Glenys Arthur, Patrick O'Sullivan, Sandra Henderson, Karl Matthews, Amina Abdullah and Souad Murad at the Church Street Time Triangle



PHILIP WOLMUTH

# A sense of place

**Two years ago, in a previously empty concrete space, a number of oak and willow trees were planted. Now, the concrete has been replaced by yorkstone paving slabs and granite 'timeplates', and new seating has been put in.**

The Church Street Time Triangle came about after residents asked the Neighbourhood Centre and the City Council to improve the look of the area. Local resident Glenys Arthur (pictured above right) was one of a group of residents who helped identify interesting historical facts about

the neighbourhood. Following a public vote over which snippets of the area's past should be celebrated, the winning 11 were engraved on granite paving. The oldest event referred to is the building of Watling Street (now Edgware Road) by the Romans in AD50, and more recent ones include the destruction of many buildings on the street in Second World War air raids.

Locals, workers and council officers celebrated the completion of the Time Triangle at a launch event earlier this year (pictured left). Residents of all ages tried out the new seating, designed 'to provide people with the chance to rest and enjoy the bustle and life of the street and its market'. The launch was attended by the Leader of the Council, Sir Simon Milton, and Karen Buck MP. Sir Simon observed, 'There are people from more than 100 different countries who live in the Church Street area. It's really important to give people a sense of place and history.'



# It's my business

## Casa Spa

Helen Murphy, owner of the Casa Spa beauty salon on Edgware Road, sometimes comes into work early, to have an infra-red sauna, designed to de-tox the body and relax the muscles. 'It feels good and you glow afterwards.'

The salon has been open for a year, and clients are mostly local, says Helen. 'They tend to come for half a day, to treat themselves.' Options to choose from, include manicures and pedicures, facials, waxing and anti-cellulite treatments. There's also a steam room and a Moroccan-style spa, with candles and music. Helen's own favourite treatment is the 'Dermabrasion bio oxy', an 'anti-ageing' facial which she has every confidence in: 'All the wrinkles will disappear from the face.'



The Casa Spa is at 439 Edgware Road, London W2, telephone 7724 2030. Open from 10am to 7pm Monday to Saturday, and before 8am or on Sundays, if booked in advance.